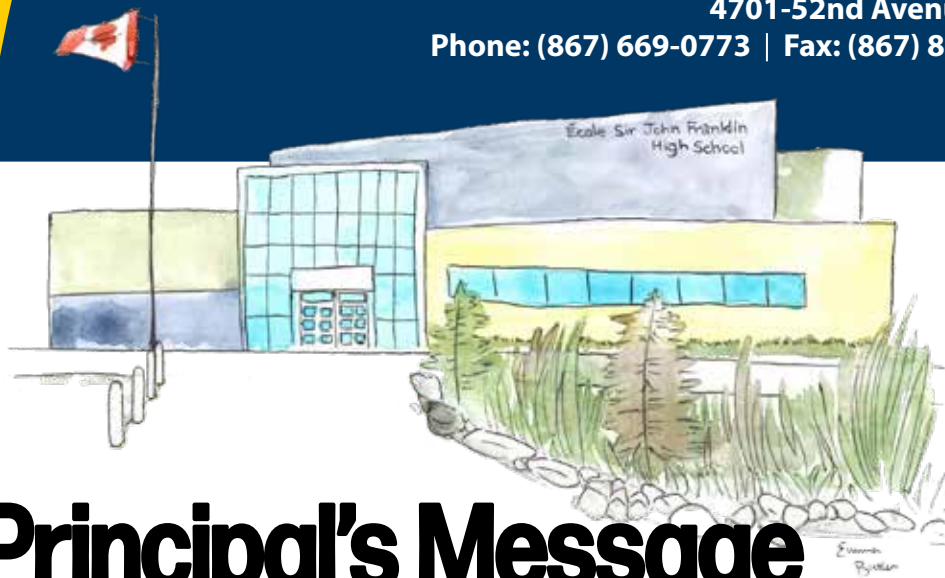


MAY 2021 NEWSLETTER

4701-52nd Avenue, Yellowknife, NT X1A 2N8

Phone: (867) 669-0773 | Fax: (867) 873-3630 | www.sjf.yk1.nt.ca



Principal's Message

Mr. Dean MacInnis

SOME EVENTS IN THIS NEWSLETTER MAY CHANGE DUE TO COVID-19 RESTRICTIONS.

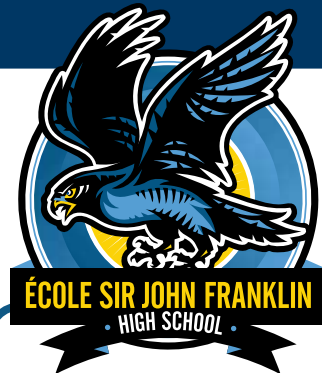
It's hard to believe that we only have two months of school left! Soon, teachers will be preparing exams and students will be reminded to pass in any missing assignments and start studying!

I want to thank staff, students and parents for staying vigilant during this past school year. I would like to remind everyone to continue to wear masks and sanitize often. Staff and students are encouraged to stay home if they are experiencing symptoms of COVID-19. Inside you'll find a Daily Symptom Screening Tool provided by the GNWT.

The grads recently had a painting night. Thank you to the SJF Grad Council members and the staff volunteers for making these events possible. See inside for pictures.

SJF MAGMA hosted a Coffee House at NACC on April 29th. Students and staff shared songs, poetry and magic tricks to a small audience and our MC, Zack White shared information about the power of music to unite, and the positive connection between mental health and music! You will be able to view the Coffee House after the 29th, through a link that will be posted on SJF's website!

If you have any questions about your child's school, please call us at (867) 669-0773.



IMPORTANT DATES

May 3-7

Mental Health Week

May 14

STIP Day

No School for Students

May 24

Victoria Day

No School



FOR MORE DETAILS SEE
CALENDAR ON LAST PAGE.



Dear parents and students, all schools in Yellowknife, Ndilo and Dettah will be closing to in-person instruction until further notice effective May 3, 2021 as part of a "circuit breaker" measure ordered by the OCPHO. Please read the attached letter from Superintendent/CEO Ed Lippert regarding the public health advisory issued by the OCPHO.



**YELLOWKNIFE EDUCATION
DISTRICT NO. 1**

P.O. Box 788, Yellowknife, NT X1A 2N6
Tel: (867) 766-5050 • Fax: (867) 873-5051

**ADMINISTRATION SCOLAIRE DE
DISTRICT N° 1 DE YELLOWKNIFE**

C.P. 788, Yellowknife NT X1A 2N6
Tél. : (867) 766-5050 • Téléc. : (867) 873-5051

www.yk1.nt.ca

May 2, 2021

Dear parents and guardians:

RE: Yellowknife, Ndilo & Dettah schools closing until further notice

As Superintendent, I understand that the recent news of a COVID-19 outbreak in a Yellowknife school is of great concern. I want to assure you that the matter is being handled with the health, wellness and safety of all students and staff as the top priority.

The administration of YK1 has been working very closely with the Office of the Chief Public Health Officer (OCPHO) to comply with all directives. The OCPHO is the lead in all matters of public health, and as such, we are following the direction given by the OCPHO.

Although at this time the only confirmed cases of COVID-19 continue to be linked to N.J. Macpherson School, **recognizing the interconnectedness of students in our community, the Chief Public Health Officer has announced that all Yellowknife, Dettah and N'Dilo schools will be closed until further notice. This is a proactive step to mitigate further spread in the community in this age group.**

The most recent information on public health advisories can be found [here](#). Frequently Asked Questions (FAQs) are also available [here](#). These FAQs will be updated regularly by the OCPHO.

YK1 is in regular contact with the Department of Education, Culture and Employment to ensure that all necessary steps are followed to keep our students and staff safe and to provide additional resources, such as technology, to support the continuity of learning for our students.

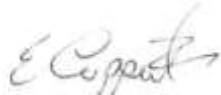
YK1 recognizes that families will be eager to learn the details around remote learning for students. YK1 staff are currently working to ensure the structures and resources are in place for learning at home, with the expectation that remote learning will begin for all students on May 5, 2021.

An update with additional information specific to your child's school and remote learning plan will be shared with you by 4:00 p.m. on May 3, 2021.

Mindful that changes to daily routines and changes to the supports provided through schools can be difficult for some students, below is a list of mental health supports students may wish to explore:

- Child and Youth Care Counsellors: Please contact your child's school
- **BreathingRoom** is a newly launched e-mental health program for youth aged 13-24. It supports youth and young adults in learning new ways to manage stress, depression and anxiety, as well as strengthening their existing coping skills. NWT youth can access this program [here](#).
- NWT Help Line: Available 24 hours a day, 7 days a week. It is 100% free, confidential and anonymous. Call 1-800-661-0844.
- Kid's Help Phone: Young people needing to talk to someone can call the Kid's Help Phone at 1-800-668-6868 or go to www.kidshelpphone.ca.
- The [NWT Community Counselling Program](#) is available free-of-charge to every NWT resident, in every region of the NWT. It helps people deal with a variety of issues including family violence, mental health issues and addictions.

Sincerely,



Ed Lippert
Superintendent/ CEO
Yellowknife Education District No. 1



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Dimanche le 2 mai 2021

Chers parents et tuteurs,

En tant que surintendant, je comprends que la récente nouvelle de l'écllosion de COVID-19 dans une école de Yellowknife est très préoccupante. Je veux vous assurer que la situation est traitée avec la santé, le mieux-être et la sécurité de tous les élèves et membres du personnel en priorité.

L'administration scolaire de district no 1 de Yellowknife (YK1) travaille étroitement avec le Bureau de l'administrateur en chef de la santé publique (BACSP) afin de suivre toutes les directives. Le BACSP est responsable de toutes les questions de santé publique et, par conséquent, nous suivons les directives qu'il nous donne.

Bien qu'à l'heure actuelle le seul cas confirmé de COVID-19 reste celui lié à l'école N. J. Macpherson, **l'administratrice en chef de la santé publique a annoncé la fermeture de toutes les écoles de Yellowknife, Dettah et N'Dilo jusqu'à nouvel ordre vu des relations étroites qui existent entre les élèves de notre collectivité. Il s'agit d'une mesure préventive visant à réduire le risque de nouvelles transmissions parmi ce groupe d'âge.**

Pour en savoir plus sur les arrêtés de santé publique, consultez le <https://www.hss.gov.nt.ca/fr/advisories>.

Une page est également consacrée aux **foires aux questions (FAQ)** du gouvernement concernant la COVID-19; celles-ci sont mises à jour régulièrement par le BACSP.

L'administration scolaire de district no 1 de Yellowknife est en contact régulier avec le ministère de l'Éducation, de la Culture et de la Formation pour veiller à ce que toutes les mesures nécessaires soient respectées pour la sécurité de nos élèves et des membres du personnel et pour fournir des ressources supplémentaires, par exemple d'ordre technologique, afin d'assurer la continuité de l'apprentissage des élèves.

YK1 comprend que les familles voudront connaître les détails de l'apprentissage à distance pour les élèves. Le personnel de YK1 s'efforce en ce moment de mettre en place les structures et les ressources pour l'apprentissage à la maison, et s'attend à ce que l'enseignement à distance commence le mercredi 5 mai pour tous les élèves.

Des détails propres à l'école de votre enfant et aux plans d'apprentissage à distance seront publiés à 16 h le lundi 3 mai.

Nous savons que certains élèves vivent difficilement les changements de leur routine quotidienne et des aides fournies par l'école; voici une liste des différentes aides en santé mentale qui pourraient être utiles aux élèves :

- Conseillers en soins à l'enfance et à la jeunesse
- **BreathingRoom** est un nouveau programme virtuel de santé mentale pour les jeunes de 13 à 24 ans. Il aide les adolescents et les jeunes adultes à apprendre de nouvelles façons de gérer le stress, la dépression et l'anxiété, tout en renforçant leurs mécanismes d'adaptation. Les jeunes Ténéois peuvent accéder à ce programme au <https://app.breathingroom.me/register?code=XXQTGPUE>
- La Ligne d'aide des TNO est disponible en tout temps. Ce service est gratuit, confidentiel et anonyme. Composez le 1-800-661-0844.
- Jeunesse, J'écoute : les jeunes qui ont besoin de parler à quelqu'un peuvent appeler Jeunesse, J'écoute au 1-800-668-6868 ou consulter le www.jeunessejecoute.ca.
- Le **Programme de counseling communautaire des TNO** est gratuit pour tous les Ténéois, partout aux TNO. Il aide les gens à faire face à divers problèmes, dont la violence familiale, les problèmes de santé mentale et les dépendances.

Nous vous remercions de votre compréhension.

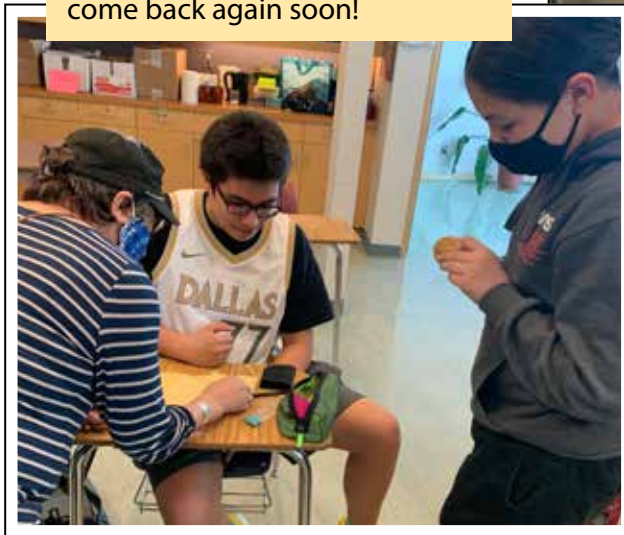
Restez en santé.



Ed Lippert
Surintendant/ directeur générale
Administration scolaire de district no 1 de Yellowknife

Miss Taylor's Indigenous Language Class had the pleasure of attending a Beading workshop hosted by the RCMP. Cst Heather Consenzo brought in elders, Kathy and Patsy, to give the students an introduction to beading. The students had their choice of elk hide, moose hide or stroud to work with. The class was very fortunate to have this traditional knowledge passed on to them and it will be a skill they can use for years to come. Thank you so much Heather and Yellowknife RCMP and Kathy and Patsy, we hope you will come back again soon!

Beading Workshop With Elders



IDAHOT-May 17

A Message from the Gender & Sexuality Squad

What the heck is IDAHOT? IDAHOT stands for the International Day Against Homophobia, Transphobia and Biphobia, and it is a worldwide celebration of sexual and gender diversity. The theme for 2021 is “Together: Resisting, Supporting, Healing!”

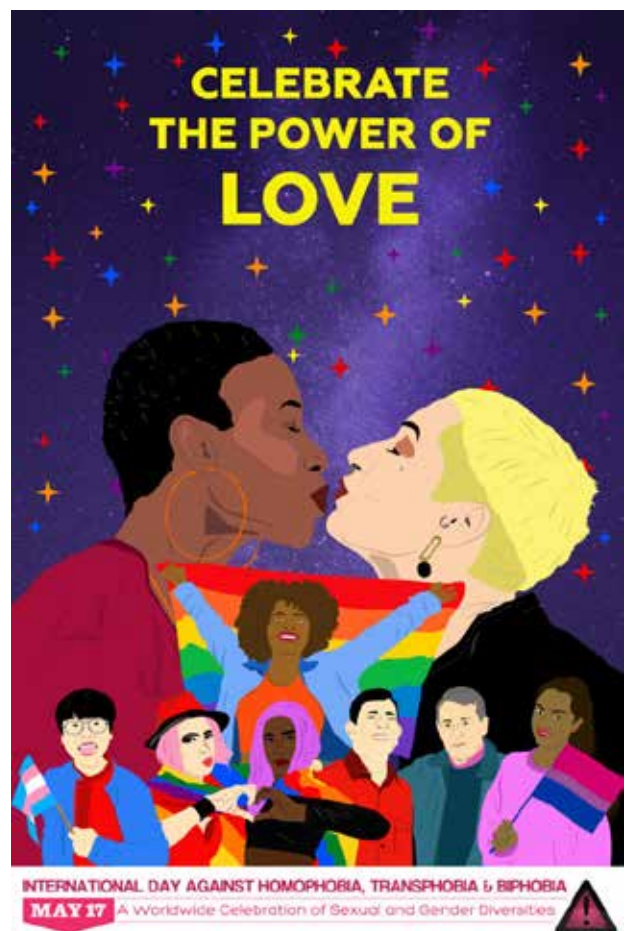
IDAHOT was launched in 2004; it falls on May 17 because on that day in 1990 the World Health Organization removed homosexuality from its list of mental disorders.

In 2009, transphobia was explicitly added to the title, to acknowledge the very different issues at stake between sexual orientation and gender identity. Biphobia was added in 2015, to acknowledge specific issues faces by bisexual people. IDAHOBIT is a newer, more inclusive acronym that is sometimes used.

May 17 is celebrated in over 130 countries, including 37 where same-sex acts are illegal. It has become a global occasion to educate about lesbian, gay, bisexual, and transgender people.

The American Psychological Association indicates May 17 is also a day to advocate for sensible public policies regarding LGBT people. The American Psychological Association supports the Equality Act, and believes that public policies aimed at reducing discrimination and extending legal protections to LGBT people is associated with reduced stigma and leads to better health and better mental health outcomes.

Past themes of IDAHOT have been Justice and Protection for All (2019), and Breaking the Silence (2020). IDAHOT is not one unified movement, allowing groups to celebrate and publicize the day in a way that works for them.



See more on next page...

The SJF Gender & Sexuality Squad will be running some events for IDAHOT, so keep your eyes on the announcements for details. There will be a colouring contest involved with prize baskets! The Rainbow Coalition of Yellowknife is also planning to host an event on May 17.

Follow us on Instagram: @sjf_gss

Meetings are Mondays at lunch in Room 22

Sources: May17.org, pflaglondon.ca, queerevents.ca, American Psychological Association apa.org



Pronoun Pins



The Gender & Sexuality Squad's pronoun pins have arrived!

Thanks to #RisingYouth for the grant, and @PricklyCactusCollage for making them for us.

Pictured left: SJF staff proudly wearing their new pronoun pins!

Green Team Creates Posters

Check out some of the Green Teams #ykyouth4climate posters from today's meetings!

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APPLY NOW!



SCHOLARSHIPS FOR A BRILLIANT CAREER

Women entering year 1 of a Canadian university program in science, technology, engineering or math (STEM), or a related field, are encouraged to apply for a scholarship from De Beers Group.

Special preference to Indigenous women and women who live in the NWT, Nunavut and Northern Ontario.



**APPLICATION
DEADLINE
JUNE 1, 2021**

TO APPLY: debeersgroup.scholarshipscanada.com



DE BEERS GROUP



Bryson Helyar, Riley Hodder and Braden Brenton modelling the new Yamaha acoustic guitars.



Grade 9 students deep in musical concentration.



One of our music classes was interrupted when a lynx walked by the window. He was headed for the library, stopped and turned back down the hill.

From the Music Room

We at Sir John are so grateful to the Yellowknife Community Foundation for their \$2300 grant. We used the money to purchase new guitars, tuners and method books for the General Music classes.

Congratulations goes to Amber-Lynne Burke who participated in the Alberta Virtual Band. The Alberta Virtual Band is Alberta's honour band program for outstanding band students from across the province of Alberta during the COVID-19 pandemic. The Virtual Band provides high school aged musicians the opportunity to work with members of one of Alberta's professional orchestras, play alongside professional musicians in a virtual band setting, and perform a world premiere of a new piece written by composer Allan Gilliland in a recorded virtual band setting.



SJF student, Amber-Lynne Burke after participating in the Alberta Virtual Band.

REEL Opportunities Workshop

SJF students interested in pursuing a career in the film industry, recently had the opportunity to talk to a Toronto-based professional makeup artist from Six Nations, ON. Mikey Elliot works primarily in TV and Film, but also does makeup for fashion shows, award shows, and private clients. Mikey has worked on reality shows such as 'The Great Canadian Baking Show' and 'Masterchef Canada,' and just assisted on the new Resident Evil Reboot movie, set to release in September 2021.



Thank you Mikey!

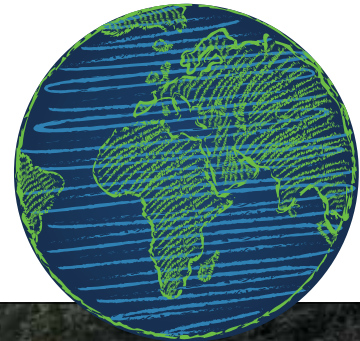


Thank you

Ms. Brancato's class showed respect for the earth and our responsibility to take care of it on Earth Day by cleaning up at the top of the school. (Tahlea Zoe, Chelsey Makaro, Chelsea Higham, Bilal Yalahow, Jessica Lafferty, Maxie Hayes and Seth Barnes)



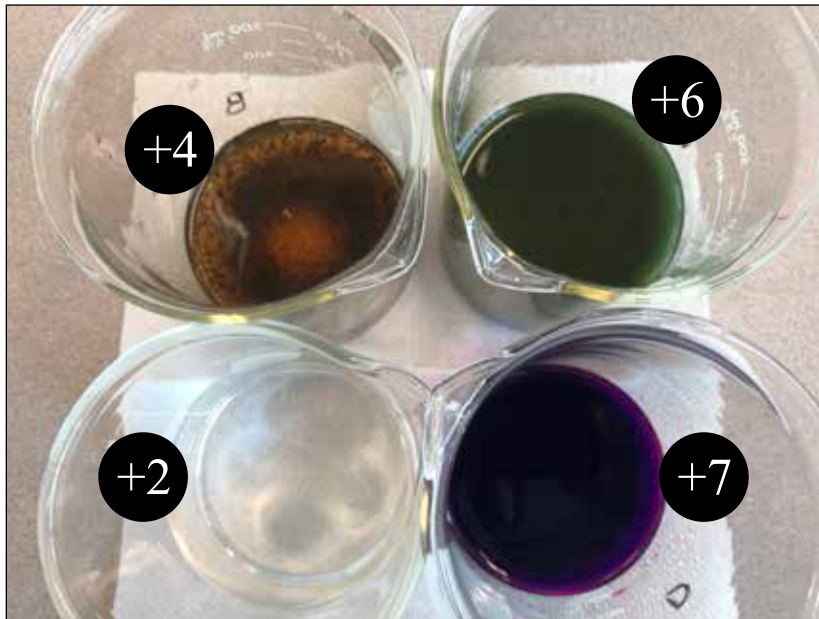
Miss. Brancato's students made 'seed bombs' to gift to staff for Earth Day.
Pictured on left: Chelsey Makaro with her seed bomb!



Mental Health Week

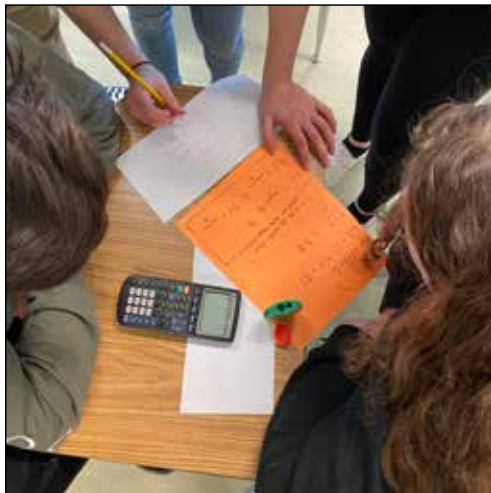
brought to you by SJF MAGMA!

<i>Monday</i> May 3rd	<i>Tuesday</i> May 4th	<i>Wednesday</i> May 5th	<i>Thursday</i> May 6th	<i>Friday</i> May 7th
<p>Hat's on for Mental Health! *Wear a hat to show your support for Mental Health!</p> <p>Post a picture of you participating in Hat's on for Mental Health Day! Tag @sjfmagma and use the hashtag</p> <p>#hatsonformentalhealth</p> <p>for a chance to win a self-care gift basket</p> 	<p>March for Mental Health has been cancelled!</p>	<p>"It's OKAY!" Campaign</p> <p>Complete the sentence: It's OKAY to feel...</p> <p>Post your answer and tag @sjfmagma using the hashtag</p> <p>#itsokaytofeel</p> <p>for a chance to win a self-care gift basket</p>	<p>Mental Health Quiz</p> <p>Complete the quiz using the QR Code below.</p> <p>Each completed quiz will be entered for a chance to win a self-care gift basket</p> 	<p>PJ Day!</p> <p>What do you do for self-care?</p> <p>Post a picture and tag @sjfmagma using the hashtag</p> <p>#itsaselfcareday</p> <p>for a chance to win a self-care gift basket</p> 



Grade 12 Chemistry students

are learning oxidation numbers. Pictured left, are four beakers, each showing a different oxidation state of the element Manganese.



Pictured here, Grade 9 Math students spent their time in class solving problems and comparing answers to come up with a secret message. Each Grade 9 class solved equations to come up with one word. When all five classes put their words together, they discovered the following message:

**Exam Review
Week Pizza
Party!**

So... it's true
what they say???
Math CAN be fun!



Chasse au Trésor Mathématique!

Les élèves d'immersion française ont fait un parcours à l'extérieur dans le cadre du cours de mathématiques. Ils devaient d'abord trouver l'équation linéaire correspondant à une table de valeur, puis trouver les coordonnées d'un point et s'y rendre pour obtenir le prochain indice. Les élèves se sont ainsi promenés du sommet de l'école jusqu'aux drapeaux, en passant par le terrain de soccer. Il faisait un peu froid mais ils ont bien aimé ce cours à l'extérieur!

Scavenger Hunt in Math!

As part of their math 9 class, the French immersion students did a scavenger hunt outside. First, they had to find the linear equation for a particular table of values, then they had to find the coordinates of a point and go there to get their next clue. The students walked from the top of the school, to the flags, to the soccer field. It was a bit chilly but they enjoyed the outdoor class!

SJF Podcasts



Check out our new podcasts hosted by Grade 9 students and Mr. K!

Open Spotify and search "Falconcast" and "SJF After Hours"

On Thursday, April 29th, SJF MAGMA hosted a **Coffeehouse** night showcasing a TON of talent. SJF student Zack White (our emcee), provided entertainment between sets by telling 'Dad' jokes and informing us on how mental health affects all of us. Below are some 'Golden Rules' for all of us to remember when we want to help someone who is struggling.

Be There Golden Rules

1 Say what you see

Speak to the facts without making assumptions.

I've noticed you haven't been to class lately, is everything okay?

2 Show you care

Simply knowing someone is there for you can make a huge difference. Actions often speak louder than words.

I care about you. Is there any way I can help? Anything you need to get done that I can do for you?

3 Hear them out

Open up space for them to speak. Remember to ask further questions and validate their thoughts and feelings.

I hear you, that sounds super hard. Can you tell me more about that?

4 Know your role

You're there to support them; not judge, be their therapist, or give unwanted advice.

My job is to listen and be there, not fix things. This isn't about me!

5 Connect them to help

Suggest they reach out to community supports or offer to go with them.

I'm always here for you. Have you thought about talking to a professional? We can find one together.

SJF MAGMA hosts Coffeehouse

SJF MAGMA hosted a Coffeehouse night on April 29th and the talent showed up!
If you missed it, the video will be posted and link will be shared when it becomes available.
Congratulations to all the performers!



Quantum Haze: l-r Duncan Stewart, Joe Curran, Vincent Lumacad, Nikhilesh Gohil, Alex Ketchum



Witchfinger: l-r Benji Straker, Mark Kilbride, Chris Mehot, Jeremy Straker

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COVID-19 INFORMATION FOR STUDENTS

Daily Symptom Screening Tool

- 1.** Has your child travelled outside of the NWT, or had close contact with anyone who has travelled outside of the NWT in the past 14 days?

Has your child had close contact with anyone who is showing symptoms of COVID-19, is awaiting a COVID-19 test result, or has tested positive for COVID-19 in the past 14 days?

If the answer is YES to one or both questions above, please keep your child at home and contact public health for next steps. If the answer to both questions is NO, move to Step 2.

- 2.** Does your child have **ONE or more** of the following symptoms?



Fever New or worsening cough Shortness of breath or difficulty breathing Loss of sense of taste or smell

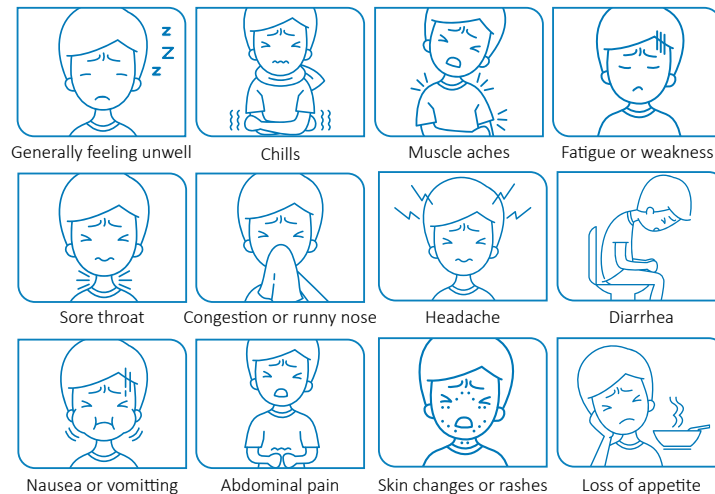
If your child has ONE or more of these symptoms, please keep them at home and contact public health for next steps. If your child has none of these symptoms, move to Step 3.

You can find your local public health phone number here:
<https://www.hss.gov.nt.ca/en/hospitals-and-health-centres>

My local public health/health centre phone number:

Use this COVID-19 screening tool with your child every morning before going to school.

- 3.** Does your child have **ANY** of the following symptoms?



If your child has ONE of the following symptoms, please keep your child home for 24hrs. If the symptom improves within 24hrs, they can go back to school. If the symptom does not get better or worsens, contact your local health care provider for next steps.

If your child has TWO or more of the following symptoms, please keep them at home and contact public health or your local health care provider for next steps.

Updated: Nov. 17, 2020



WE LOVE THIS POSTER MADE BY THE STUDENTS AT NJ!

During Earth Week (April 19-23), Green Team members made presentations to YK#1 elementary schools and spoke to students about the Climate Crisis. In total, SJF students presented to 45 classes! Big thanks to the YK#1 school principals and teachers for their support.



Pictured left: The Green Team was lucky enough to be able to present to students at Mildred Hall! We're proud of our members, Anna Pontin and Trinity Thibault-Lattie, who did five presentations back to back!

The SJF Green Team now has both a Facebook and Instagram page (@sjfgreenteam). If you are on either of these platforms, we'd love it if you would consider following us and/or sharing our posts!

prop•a•gan•da

[präpə' gandə/] noun

information, especially of a biased or misleading nature, used to promote or publicize a particular political cause or point of view.

Students in Miss. Brancato's Social Studies 20-1 class studied the purpose of and techniques used in wartime propaganda. They applied their learning to create modern propaganda posters aimed at encouraging positive behaviours. You'll find some of their work on the next two pages.

SMOKING KILLS



Time To Quit Smoking

Our mother is dying



ARE YOU GOING TO STAND BY
AND WATCH THAT HAPPEN?

STOP KILLING OUR PLANET

Please
Help!



If you destroy the earth, you destroy the
chance of life.

!Go Green To Breathe Clean!

EVERYONE ELSE IS DOING
THEIR PART.

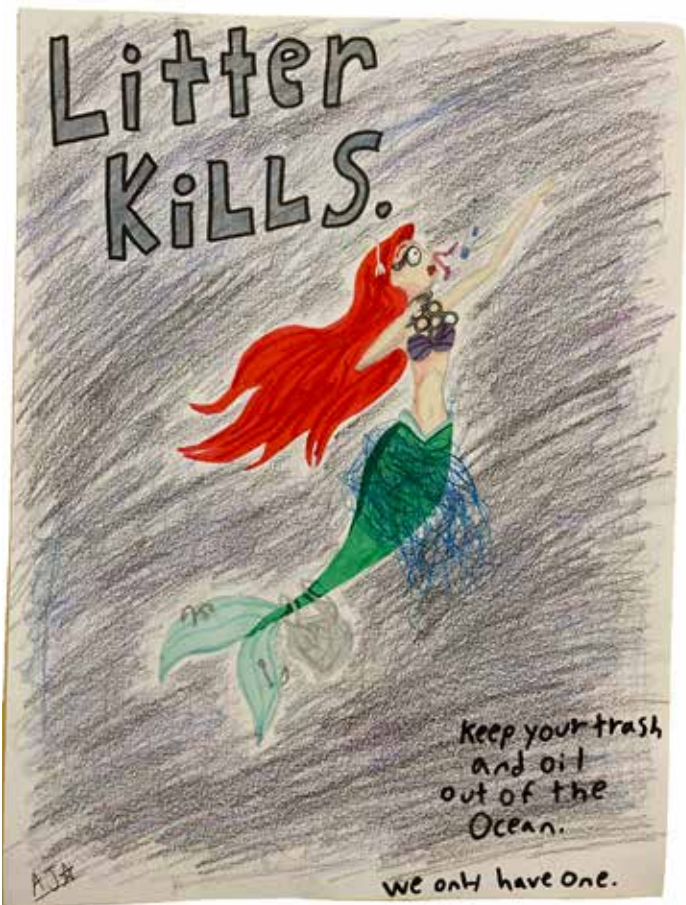


WHY AREN'T YOU?



DON'T RISK IT. WEAR IT
RIGHT.

Gina Rogers



Grad Painting

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MAY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
	MENTAL HEALTH WEEK • Look for MAGMA posters for activities					
9	10	11	12	13	14	15
					STIP Day No School for Students	
16	17	18	19	20	21	22
23	24	25	26	27	28	29
	Victoria Day NO SCHOOL					
30	31					