

SOARING INTO OCTOBER

Mildred Hall School
5408 Franklin Avenue, Yellowknife
867-873-5811
<http://mhs.yk1.nt.ca>



School Principal: Elizabeth Brace Assistant Principal: Ryan Nichols

What's coming up

October

12th Thanksgiving-No school
23rd PD day No school

November

6th PD Day - No School
10th **MHS Virtual
Remembrance Day
Ceremony**
11th Remembrance Day
- No School
16th PD Day - No School
23rd Report Cards go home

September flew by....

It is hard to imagine that we are already into October, where has the first month of school gone? Many things have happened around the school and it warms my heart to see Mildred Hall students settling into a new school year. With the extra expectations of Covid-19 students are doing well at remembering to social distance, washing their hands, wearing their masks when needed, and staying within their classroom bubbles.

Thank you to all of our families for working with us as we navigate these new guidelines.

I want to thank our MHS staff for all of the extra effort and time they have put in to make sure our classrooms are safe and following all of the recommended guidelines.

MHS PAC

The MHS PAC is a committee of interested parents and a board representative, who help to improve daily school life for the students and families at MHS. Once a month we meet to plan special activities for students, and we also discuss what is going well, and what could be improved upon.

Please email Mrs Brace elizabeth.brace@yk1.nt.ca if you are interested in joining the PAC. We are looking to find a weekday evening that works for everyone!



Our grade 7/8 students wear their masks every day (in the hallways and whenever they can't distance). It is very important that they have a clean mask when they arrive, before walking into the school. JK-6 students do not need to wear a mask when walking in their classroom bubble.

Dene Law for October: Sleep at Night and Work During the Day.

For the month of October we are focusing on teaching/encouraging the students to be sure they are getting enough rest. Research states that 5-14 year olds need between 9-11 hours of sleep so they can feel refreshed and alert for learning. Setting a regular sleep schedule with consistent bedtime routines will help your child improve in the amount of rest they get. As well, cutting back screen time such as television and video games will help limit sleep disruptions. Smartphones and tablets also can affect the brain and cause sleep disruptions.

Welcome to our new CYCC (Child and Youth Care Counselor)



Hello Everyone! My Name is Deirdre (pronounced dear-drah) and I am the new Child and Youth Care counsellor here at Mildred Hall School.

I am originally from Vancouver Island and I am super excited to be here in the North to experience my first Northern winter and all the activities it has to offer. I invite anyone to reach out to me for more information about the counselling program and I can be reached by texting/calling 867-445-3451.

Some ways I can support include: student counselling, family counselling, system navigation, community referrals and answering general questions like: "What is a counsellor?"!

Warmly, Deirdre

YK1 Student Spotlight for September

Jolliffe is new to the Birchbark Discovery Centre at Mildred Hall School this year. He has fit right in with his kindness, patience, and humour. He loves to laugh, play soccer, and tries his best with his work. Jolliffe has been a wonderful addition to the school. Congratulations! We're lucky to have you!



YK1 September Staff Spotlight

Mrs. Kari Anderson



There is a quote that surfaces from time to time that says “Everything you need to know you learned in Kindergarten” and as we highlight this month's staff member, one has to agree with this statement. If you have ever stepped inside Kari Anderson's Kindergarten class you would be met with a buzz of excitement. Student centres that change on a monthly basis, themed discovery centres that ooze with imagination, tables filled with inquiry lessons and displays of proud products hanging from every corner of the room. Mildred Hall School feels very lucky that three years ago Kari flew over to join the nest. She brings with her patience, humour and an incredible work ethic. Her love for the littlest 'eagles' in the building shines through in every well thought lesson she plans for them. Kids young and old gather in her class at lunches/recess to surround themselves with the love she emits to all those that walk through her door. Current, past and future students are fortunate to become one of Mrs. Anderson's “kids” and lucky to take with them life long lessons that will benefit them for years to come. Congratulations Mrs. Anderson on being YK1's highlighted staff in September, a recognition that is well deserved!



MHS Staff for 2020-2021

Educational Assistants:

Aaron Callas, Crystal Catholique, Cassie Crocker, Deanna Drover, Taylor Dobbin, Hyacinth Dunkley, Kristen Elliott, Fraser Fairman, Tianna Hardy-Mainville, Tara Hawk, Melissa Hernandez, Cathy Modeste-Short, Andria O'Neill, Madelaine Pasquayak, Danika Power, Sean Robson, Hille Stewart, Jim Woodruff

Junior Kindergarten Pat Gallagher

Kindergarten Kari Anderson

Grade 1 Maggy Chouinard

Grade ½ Courtney Jung

Grade ⅔ Maggie Davies

Grade ¾ Dana Grimes

Grade ¾ Leanne Takman

Grade ⅘ Natalie Murphy

Grade ⅘ Celia Harding-Russell

Grade ⅘ Stuart MacNeil

Grade ⅘ Arlene Cliffe-Phillips

Grade ⅘ Kim Gibson

Grade ⅘ Deb Horen

Birch Bark Discovery Center: Brendan Callas

Indigenous Language and Culture: Shirley Desjarlais

French: Erin Zacharias

Music: Dana Merrigan

Literacy Intervention Teacher: Angela McDonell

Literacy Intervention Teacher: Jane Sunderwald

Social Emotional Learning Coach: Marret Scott

Indigenous Land-Based Liaison: Miranda Currie

Program Support Teacher: Cynthia Roach

Program Support Teacher: Kelsey MacNeil

Program Support Teacher: Shanna Haggens

Child and Youth Care Counsellor: Deirdre Ryan-Morissette

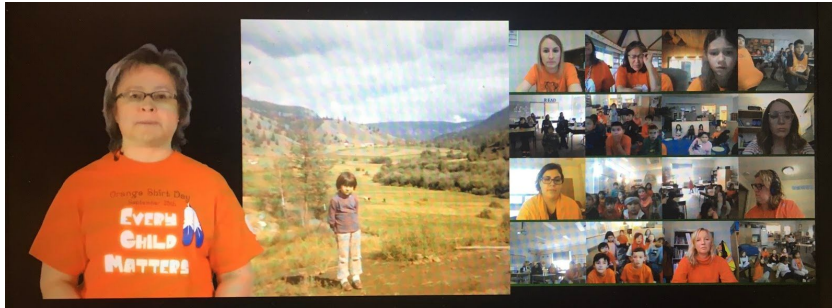
Transition Counsellor: Cynthia Russell

Librarian: Val Vandenburg

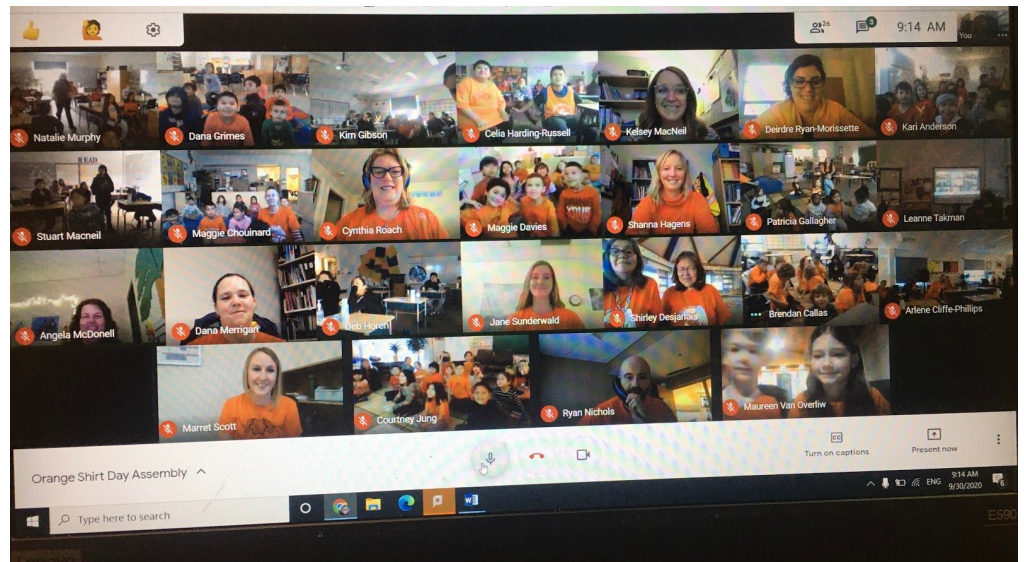
School Chef: Sharon Hildebrandt

Admin Assistant: Donna Meister

Orange Shirt day at MHS



Thank you to Ms. Horen's class, Ms. Sun, Mrs Desjarlais, Mrs Stewart, Ms. Cathay, Ms. Pasquayak, and Mrs. Scott for their help in organizing Orange Shirt Day at Mildred Hall!!!



Garden Harvest

MHS Students helped harvest the community garden in September! The veggies from the garden are used to cook food for students in our lunch program!

Thank you to Ms. Davies for all of her work in organizing our community garden!!

Did you know?

You can contact your child's teacher through email or by calling the school. Staff email addresses all follow the same format; firstname.lastname@yk1.nt.ca. Information can also be found on our website <https://mhs.yk1.nt.ca> including our monthly newsletter, school calendar, staff bios, and important announcements.

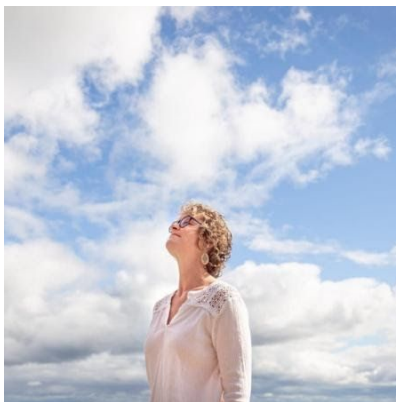
MHS encourages students and families to be safe and healthy. We do have very serious food allergies, like peanuts. **We ask that peanuts not be part of your child's lunch in any form.** If your child has allergies, please remember to let their teacher and the office know.

We have supervision on the playground and at the bus drop off every day, starting at 8:10. Children are welcome to enjoy the playground and their friends until the 8:25 bell, when they will be asked to line up with their class in their class's designated line up spot (we are calling it "home base"), and wait for their teacher to bring them into the school.

We ask students who arrive after O Canada, to check in at the office so that we know they have arrived. Parents, please call the school to advise us if your child will be away from school. If a student is marked absent, with no notice from home, we will follow up with a call to guardians to ensure the student is safe and sound. With that in mind, please ensure that the school is kept up-to-date with your contact information.

Remembering

YK#1 said goodbye to a long time teacher this month Ms. Maureen Tonge. She will be missed for her infectious enthusiasm and zest for life. The MHS family would like to extend our sincerest condolences to all of Maureen's family, friends and students.



| October | | | | | | |
|---------|---------------------------------|---------|-----------|----------|---|----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | 1 | 2 Pizza Day | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 Pizza Day | 10 |
| 11 | 12 Thanksgiving No School | 13 | 14 | 15 | 16 Pizza Day | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 PD Day - No School | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 Pizza Day Classroom Halloween Activities | 31 |

**Put your name in the monthly Newsletter Draw
for a free slice of Pizza!!!**

Name: _____ Class: _____

Parent/Guardian Signature: _____