

## **SJF Athletics**

The Sir John Franklin High School Department of Athletics strives for excellence by providing opportunities to student-athletes to participate in programs that are designed to develop meaningful standards of athletic performance, leadership, scholarship, community service and appropriate conduct within the educational and social environments of SJF High School.

### **4A's**

- (1) Academics
- (2) Attendance
- (3) Attitude
- (4) Ability

- meaningful minutes in the tourney
- student coach relationship
- parent concerns are to be addressed prior to following the tourney
- serious issues go directly to admin

### **Team Limits/Team Make-up**

Some of our athletic teams may be able to accommodate all of the athletes interested in participating. Others, for a variety of reasons, must limit the number of team members. Coaches will conduct tryout sessions to determine the makeup of teams with limited rosters. Tryouts can be highly competitive and the selection process is often difficult. Coaches will outline the process and explain the criteria to be used in selecting team members.

### **Parent – Coach**

Your child, as a member of a Ledyard athletic team, will experience some very rewarding moments. It is important to understand that there also may be times when things do not go the way you or your child wish. It is at these times that discussion with the coach is encouraged. Situations such as ways to help your child improve, concerns about your child's attitude, and academic support and college opportunities would be appropriate. It is very



# ÉCOLE SIR JOHN FRANKLIN HIGH SCHOOL

4701 52 Avenue, Yellowknife, NT, X1A 2N8  
Phone: (867) 669-0773, Fax: (867) 873-3630  
Attendance Line: (867) 873-7339  
[www.sjf.yk1.nt.ca](http://www.sjf.yk1.nt.ca)

difficult to accept your child's not playing as much or where you may hope. Coaches are professionals. They make judgments based on what they believe to be best for all of the students involved. While certain things can be discussed with your son's/daughter's coach, other things should be left to the discretion of the coach. Team strategy and other athletes are examples. It is also important to remember that playing time is determined by only the coach. We encourage athletes to bring their questions about such things directly to the coach

## **SJF Athletics Department:**

Mark Kilbride – Dept.Head/Coach -	<a href="mailto:mark.kilbride@yk1.nt.ca">mark.kilbride@yk1.nt.ca</a>
Mitch Grady - Teacher/Coach -	<a href="mailto:mitch.grady@yk1.nt.ca">mitch.grady@yk1.nt.ca</a>
Dylan Eastcott –Teacher/Coach -	<a href="mailto:dylan.eastcott@yk1.nt.ca">dylan.eastcott@yk1.nt.ca</a>
Dean MacInnis – Principal -	<a href="mailto:dean.macinnis@yk1.nt.ca">dean.macinnis@yk1.nt.ca</a>
Peter Curran – Asst. Principal/Coach –	<a href="mailto:peter.curran@yk1.nt.ca">peter.curran@yk1.nt.ca</a>
Angela Martin - Asst. Principal/Coach -	<a href="mailto:angela.martin@yk1.nt.ca">angela.martin@yk1.nt.ca</a>

## **Athletic Calendar:**

September – November:

- X-Country Running
- Outdoor Soccer
- Volleyball
- Hockey

December – February:

- Badminton
- Basketball

March – April:

- Indoor Soccer

May – June:

- Track & Field

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## **Practices times Monday to Friday: (example)**

3:40pm – 5:00pm – Practice #1

5:15pm – 6:30pm – Practice #2

## **Links:**

SJF - <https://yk1.nt.ca/sjf>

NWT School Sports - <http://www.nwtschoolsports.com/>

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